



Temporary Crown Instructions

MATERIAL AND SENSITIVITY: Your temporary crown is made from an acrylic resin that is durable and strong, but you should avoid chewing hard things like nuts or candies as these can break your temporary. Your temporary will help protect the sensitivity of the prepared tooth. However, it will not fit your prepared tooth like the permanent crown, so you may notice sensitivity to heat, cold or sweets.

OTHER CONSIDERATIONS:

1. Certain foods will stick to the temporary crown. ***Please refrain from eating any sticky foods such as chewing gum, candies or foods that might stick to the temporary or even pull it out.*** We use special temporary cement that allows us to remove your temporary quickly and easily. When we deliver your permanent crown, we will use permanent cement.
2. Temporary bridges are very delicate. Cut your food into bite-sized pieces instead of biting down or tearing it with your teeth. Even soft bread or foods can break or pull off your temporary. ***Please contact our office if your temporary should come off and please bring it with you.***
 - Please do not leave the temporary crown out of your mouth. Without the temporary crown, your teeth may move and then the permanent crown may not fit!
3. After a crown preparation appointment, the gum line will be sore for the first few days. Excellent hygiene is the quickest way to return to health. Remember that it is important to keep the area clean - but use caution. ***When flossing this tooth, do not pull up through the contact point between the teeth to remove the floss. Instead, carefully and slowly pull the floss to the side to slide it out.***
4. If you have a night guard, please remember to bring it with you for the permanent crown appointment.

PLEASE CALL US IF:

- Your gum is uncomfortable or bleeds.
- There are any questions or concerns.
- You have a problem with your bite, i.e., it feels “high” or “off”.
- The temporary crown becomes loose or comes off.

Please contact our office at 720-684-5477 with any questions or concerns.